



Adaptive Equipment for Children with Special Health Care Needs

Children on a gluten-free diet and those with latex allergies must be protected from ingesting or coming in contact with equipment/materials that may contain these substances. Check manufacturer's specifications and/or labels of all equipment, feeding materials, and toys including art supplies.

Physical Therapy/Occupational Therapy Equipment

Infants, Ages Birth to Two

Equipment

- Floor mats, 2 to 3 inches of varying firmness
- Therapy balls of varying sizes
- Wedges: 4, 6, 8, and 12 inch
- Inflatable mattress
- Air compressor (for inflatables)
- Therapy rolls and half rolls of varying sizes
- Nesting benches, varying heights
- Wooden weighted pushcart
- Toddler swing
- Floor mirror
- Dycem non-slip matting

Feeding

- Bottle straws
- Cut-out cups
- Bottle holders
- Built-up handled utensils
- Scoop bowls
- Coated spoons

Toys

- Books
- Mirror
- Ring stack
- Container toys
- Pegboard
- Rattles
- Squeeze toys
- Tracking toys
- Toys for pushing, swiping, cause and effect
- Adapted switches
- Form boards
- Large beads
- Large crayons

Pre-K, Ages Two to Five

Equipment

- Floor mats, 2 to 3 inches of varying firmness
- Therapy balls: 16, 20, 24, and 37 inch diameter
- Nesting benches
- Therapy rolls: 8, 10, and 12 inch diameter
- Steps

- Floor mirrors
- Climbing equipment
- Small chair and table
- Scooter board
- Dycem non-slip matting
- Suspended equipment (see also Adaptive Physical Education Equipment, Balance/Gross Motor Coordination)
- Walkers, sidelyers, proneboards, adapted chairs
- Adapted tricycles

Toys

- Easel
- Tricycles
- Ride-on scooters
- Wagon
- Wooden push cart
- Manipulative toys (puzzles, beads, pegs and pegboard, nesting toys, etc.)
- Fastening boards (zippers, snaps, laces, etc.)
- Paper, crayons, chalk, markers
- Sand/water table
- Playdough or clay (consider gluten free and latex free alternatives)
- Target activities (beanbags, ring toss)
- Playground balls (see under Adaptive Physical Education Equipment, Eye-Hand Coordination)

Speech and Language Development

Infants, Ages Birth to Two

Equipment

- Mirrors, wall and hand-held
- Assorted spoons, cups, bowls, plates
- Mats and sheets
- Preston feeding chairs
- High chair

Toys

- Dolls (soft with large features and feeding bathing and daily living equipment)
- Rattles (noisemakers and easy to grasp)
- Manipulative toys (for pulling, pushing, shaking, cause and effect)
- Assorted picture books (large pictures, one-a-page, photographs, simple plot)
- Building blocks
- Balls/belts
- Telephone
- Stacking rings
- Shape sorters
- Xylophone, Drum

Assessments and Books

- Small Wonder Activity Kit

Pre-Feeding Skills by Suzanne Morris
 Parent-Infant Communication
 Bayley Scales of Infant Development
 Communication and Symbolic Behavior Scale
 Movement Assessment in Infants by S. Harris
 and L. Chandler
 RIDES
 HAWAII HELP
 Early Learning Accomplishments
 Profile and Kit (Kaplan)
 Receptive Expressive Emergent Language Test 3
 Rosetti Infant/Toddler Language Scale

Pre-K, Ages Two to Five

Equipment

Mirrors, wall and hand-held
 Tongue depressors
 Penlight
 Stopwatch
 Tape recorder and tapes
 Toothettes
 Horns and Whistles

Toys

Dolls (with movable parts and removable clothing)
 Manipulative toys (cars and toys for pushing,
 stacking, cause and effect)
 Building blocks
 Dollhouse
 Pretend play items (dress-up clothes, dishes, sink,
 food, telephone)
 Playdough or clay (consider gluten free and latex
 free alternatives)
 Puzzles (individual pieces or minimal interlocking
 parts)
 Picture cards (nouns, actions, etc.)
 Puppets
 Animals
 Storybooks with simple plot lines (large pictures
 and few, if any, words)

Assessments and books

Clinical evaluation of Language Fundamentals -
 Pre-School
 Sequenced Inventory of Communication
 Test of Auditory Comprehension of Language
 Goldman Fristore Test of Articulation
 Pre-School Language Assessment Inventory

Assessment of Phonological Processes
 Expressive Vocabulary Test-2
 Peabody Picture Vocabulary Test-4

Adaptive Physical Education Equipment

Pre-K, Ages Two to Five

Balance/Gross Motor Coordination

Incline mat
 Balance beams, 4 and 12 inch wide
 Floor mats, 2 inch
 Bolsters
 Rocking platforms
 Scooters (sit-on type)
 Tunnel (accordion style)
 Training stairs
 Hurdles, adjustable height
 Pediatric climbing wall

Eye-Hand Coordination

Balls (to hit, throw, and catch)
 Beanbags and Target
 Hula hoops
 Lightweight paddles/rackets
 Lightweight bats
 Traffic cones
 Batting tees
 Beachballs

Eye-Foot Coordination

Balls for kicking
 Foot placement ladder
 Footprints or "stepping stones"
 Horizontal ladder